

THE GARRISON POOL

Rawlinson Rd off Princes Avenue, Aldershot. Hants GU11 2LQ

**HARROW LODGE
TO
THE
GARRISON
POOL
APPROXIMATELY
80 MILES
ESTIMATED
JOURNEY TIME =
1 HOUR 45 MINS**

WARM UPS

SESSION 1 = 13:15
SESSION 2 = 17:15

- Join **M25** and head for **Dartford Bridge**
- Continue on **M25** over Dartford Bridge and through the tolls (£1 for cars)
- Keep over to the two right hand lanes past the tollbooths, the two inside lanes are for local traffic and the A2.
- Continue on **M25** from toll booths for 48 miles, exit at **junction 12** keeping to the left for **M3** signposted **Basingstoke, Southampton**
- Continue on **M3** for 11 miles
- Leave **M3** at junction 4 signposted **Guildford, Farnham, Farnborough & Aldershot (A331)**
- After leaving motorway take second exit on roundabout then keep to the right onto **A331** signposted **Guildford, & Farnborough**
- Continue on **A331** for 3 miles passing two junctions and then branch left for **A3011** signposted **Aldershot North Camp**
- Continue on slip up to roundabout, take 4th exit onto **A3011**, continue on **A3011** crossing over the top of the A331 to the next roundabout
- At the roundabout take first exit and continue on **A3011 Lynchford Road**
- Continue on **A3011** to next roundabout (St Albans Roundabout), take first exit and continue to another roundabout
- At roundabout take second exit onto **Queens Avenue**
- Continue on **Queens Avenue** for 0.75 miles to junction with **Princes Avenue**
- Turn left into **Princes Avenue** continue to second left turning **Rawlinson Road** for the pool

