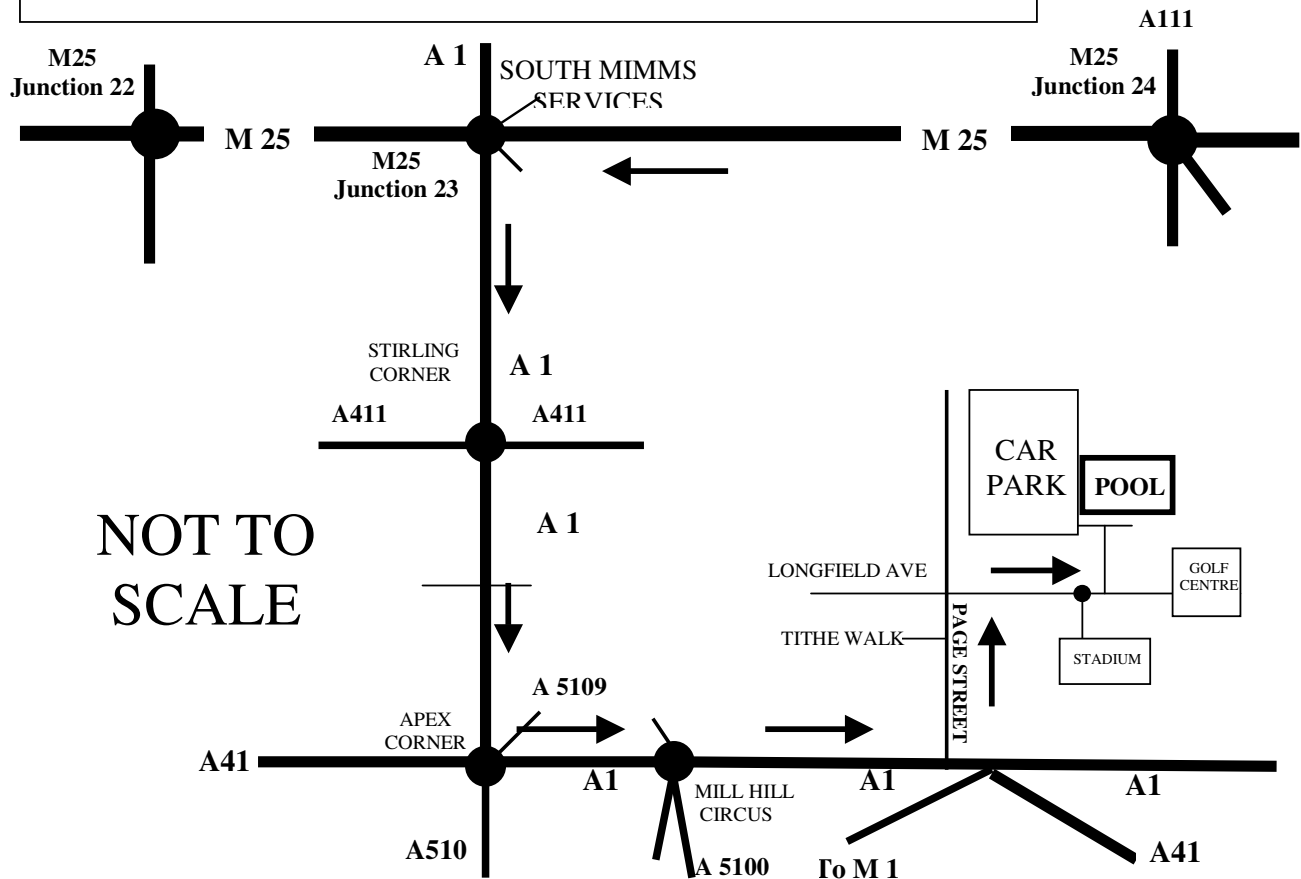


# BARNET COPTHALL POOL

- Join **M25** and head anti-clockwise towards the M11 (Junction 27)
- Continue on **M25** passing Junctions 27, 26, 25 & 24
- Leave **M25** at **Junction 23** and take second exit, **A1** towards **London**
- Continue on **A1** for 3.3 miles to “**Stirling Corner**” roundabout
- At “**Stirling Corner**” roundabout take second exit and continue on **A1**
- Continue on **A1** for 1.5 miles to next roundabout, “**Apex Corner**”
- At “**Apex Corner**” roundabout take first exit, **A1** (signposted to Central London)
- Continue on **A1** for 0.6 miles to next roundabout, “**Mill Hill Circus**”
- At “**Mill Hill Circus**” roundabout take second exit, **A1** (Watford Way)
- Continue on **A1** for 1.2 miles keeping to the inside lane
- At traffic lights ( by parade of shops ) junction with **Page Street**, turn left, signposted “**Barnet Copthall Stadium & Golf Centre**”
- Continue along **Page Street** passing Tithe Walk on your left
- With Longfield Avenue on your left, turn right into **Barnet Copthall** sports complex entrance
- Continue along private road with speed humps for a few hundred yards
- Go over a mini roundabout and immediately turn left to the pool
- To the left of the pool is a large free car park

HARROW  
LODGE  
TO  
BARNET  
COPTHALL  
APPROX.  
39 MILES



**DON'T FORGET YOUR ENTRY CARDS**